**Yackle Ball**

Object of Game: To work as a team to cross the goal line designated by instructor.

Rules:

1. Each team determines what color of the Yackle ball they are before play

2. Determine who has play first by rock paper scissors

3. Opponents throw the ball across their field to their goal line to score

4. In order to advance ball down field players need to either air bounce the ball above the head or pass it off to team members

5. Players have a 3 step allowance before he/she must begin air bouncing or pass to another team mate (unlimited side to side throws and forward). Backward throws are not allowed.

6. Air Bouncing- throw and spin the ball into the air and catch it on its return. It must be thrown above the head

7. If the ball gets dropped, turnover for other team. The team picks up the yackle ball and plays from where it was dropped.  
8. Players get 5 seconds to hold on the yackle ball. If a player holds on to the yackle ball for longer than 5 seconds, a turn over happens and the other team now gains possession.

9. The defensive team CANNOT take the ball from offensive team, however they can block and deflect the tosses by the offensive player. Players on defense must stay arms distance away.

10. If foul occurs, the team gaining possession must have one player stand at the violation spot and throw the Yackle ball to one of their team members to put ball back into play.  
11. If the yackle ball goes out of play, it is a turnover and the team on defense will now gain possession and throw the yackle ball into play.

12. If fouls occur, turnover for other team

Foul 1- Player takes more than 3 steps (3 steps allowed to stop self)

Foul 2- Player drops ball

Foul 3- Player throws the ball outside boundaries

Foul 4- Player after 3 steps takes steps without air bouncing

13. SCORING: Team gets one point for catching the Yackle ball past their goal. Once players understand the game, Teams can also gain three points for catching their color on Yackle ball past their goal line

14. When a team scores, the scoring team lines up on the goal line they scored and the team that did not score will line up on the opposite goal line. The scoring team will throw off to the opposite team and play will resume.

15. Teams will not have the same goal lines throughout the entire game. When teams score, the goal lines change.