Unit 1 Test Review- PCH Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Lesson 1:**

-List all the steps of the decision making model.

-Understand possible risk factors of one’s health. Be able to list no, possible and high risk factors.

-Be able to list one of the 6 serious health risks for youth.

**Lesson 2**

-What organs can be transplanted?

-How can someone register to become an organ donor?

-Will doctors still try to save your life in an emergency if you are an organ donor?

-Definition of Organ Procurement Organization

**Lesson 3**
- Why would someone postpone asking for help for a health issue or problem?

-Leaving class, you hear a classmate say, “There’s no history of skin cancer in my family. I don’t need to check my moles.” What should you say back to correct their misinterpretation?

-Know the 3 levels of prevention and understand the difference and examples between the 3.

-Know the 7 warning signs of cancer- will need to know 2.

**Lesson 4**

-Be able to state the different benefits of getting a tattoo or piercing

-Be able to state the different health risks of getting a tattoo, piercing, and oral piercing

**Lesson 5**

-List the steps you should complete when responding to an emergency. What is the first thing you do when responding to an emergency?

-List the first aid steps when you suspect someone has a head or neck injury

- When is one of the only times you should move a victim

-Briefly explain how to perform first aid for bleeding

- Why do people sometimes partake in the unhealthier behaviors rather than the healthy? (Example: wearing a seatbelt)

-List 2 injuries that could result from unintentional falls

-What is the leading cause of death of people aged 1-44 in the US