Passing Visual Assessment

Points Possible: 6

\_\_ Approach the ball  
\_\_Plant and position of support non-kicking foot (toe pointed in direction of where the player wants the ball to go)   
\_\_Contact the ball with locked ankle  
\_\_Outside of foot pass- toes are pointed down. Inside of foot pass-toes are pointed up  
\_\_ Follow through- Kick through the ball  
\_\_ Transfer weight forward

Total Points: \_\_/6